2025 RECREATION GUIDE

GRILLE IT UP

2ND SATURDAY IN JULY DEXTER, MO





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DEXTER PARKS AND RECREATION DEPARTMENT

500 Fairground Drive Dexter, MO 63841 OFFICE: **573-624-8244** FAX: **573-624-5298**

WEBSITE: dexterpark-rec.com EMAIL: dexterpark@dexterpark-rec.com

PARK DEPARTMENT STAFF:

Jamie Rowe, Director, Rob Ward, Foreman/Assistant Park Director, Brooke Hayes, Aquatic/Recreation Programmer, Myles Urhahn, Recreation Programmer, Nate Watkins, Recreation Programmer/Maintenance, Gary Kinder, Maintenance, Mandy Murdock, Secretary

PARK BOARD:

Eric Krapf -President Adam Sadler –Vice President Jim LaBrot, Hannah LeBeau, Ron Lovelady, Marissa Mills and Chris Warren

PROFESSIONAL MEMBERSHIPS:

National Recreation & Park Association and Missouri Parks & Recreation Association

CITY COUNCIL:

Mark Snider-Mayor Terry Battles-Ward 1 Randal Tennison-Ward 1 Tim Aslin-Ward 2 Bryce Matthews-Ward 2 Larry Helm-Ward 3 Glen Robinson-Ward 3

CITY ADMINISTRATOR:

David Wyman

PARK INFORMATION:

The Dexter Parks and Recreation Department maintains various recreation facilities in the city including an aquatic facility. We have 8-lighted baseball/softball fields, three soccer fields, an outdoor tennis court, 5-outdoor pickleball courts, 3-outdoor basketball courts (West Park & Boon Park), Disc Golf (East Park & Sports Complex), two gymnasiums, six picnic pavilions, 2-paved walking trails (West Park & Boon Park), city fish lake, and many other park amenities.

ADMINISTRATIVE HOURS:

Office open from 7:30am to 4:30pm Monday through Friday. Closed during noon hour and major holidays.

MISSION STATEMENT

The mission of the Dexter, Mo Parks and Recreation Department is to maintain, develop, and expand green space and accessible leisure facilities, along with the coordination of quality recreational programming in the spirit of sportsmanship, safety and fair competition, contributing to the overall improvement of the health and well-being of the citizens of Dexter and the surrounding area.

PAVILION RESERVATIONS

Picnic facilities are provided in our parks and can be used on a first come, first served basis when not reserved. Pavilions are located in East, West, and Boon Parks and can be reserved by contacting the Park Office. Reservation fees apply and are not refundable.

COMMEM-A-TREE

The Commem-A- Tree program benefits the community as well as the donor in providing for the planting of a stately tree in a public setting so that all may enjoy its natural beauty and reverse environmental devastation. For more information on how to participate.

please contact our park office at 573-624-8244.

"Trees become a living monument of our life's events. Our money will be spent, property sold, and memories will fade with time. But our trees will survive as living testaments to the special occasions and people in our life."





Employment Opportunities

Dexter Parks and Recreation offers a variety of part-time/seasonal job opportunities. From sports officials, scorekeepers, concession stand workers, aquatics facility staff to ballfield maintenance and mowing crews, DPR hires several part-time staff throughout the year.

SEASONAL STAFF

- Ball field Crew
- Mowing
- String trimming
- Lifequard/Aquatic Staff

SPORTS OFFICIALS

- Youth Basketball
- Youth Soccer
- Youth Volleyball
- Adult Volleyball
- Youth Baseball/Softball
- Flag/Tackle Football

CONCESSION WORKERS

- Sports Complex
- Aquatics Center
- DPR Gym

APPLY IN OFFICE OR ONLINE

dexterpark-rec.com/job-openings.php 573-624-8244

Applicants must be 15 years or older to apply.





WOMENS VOLLEYBALL

For adults only; all players must be at least 18 years of age. Registration is by team. All teams must roster a minimum of 7 players with a maximum of 12 players. Deadlines in September. Games will run October-February. Most games will be played on Monday, Tuesday, Wednesday and Thursday evenings. Leagues must have four or more teams register.







BOYS/GIRLS TRACK

Track is an individual registration offered to boys and girls ages 5-14. Age divisions are determined by the athletes age on December 31st of the current year. Meets will run April-May and are held on Saturdays, some Sundays and an occasional weekday meet may be necessary. Meet locations are subject to change but are typically held in Dexter, Poplar Bluff, Jackson, Cape Girardeau, Marble Hill and Sikeston. Registration opens in January and deadlines in March. Individuals may register in office or online at dexterpark-rec.com. Uniform shirts will be provided by the Park Department.











Track is a very parent involved sport including transportation to and from meets and practices as well as volunteering to help at the home track meet.

CO-ED FALL SOCCER

Fall Soccer is offered to boys and girls Kindergarten-6th grade. The league will be divided into grade appropriate divisions. Players must be at least 5 years old to participate. Games will be scheduled on weekdays and weekends depending on the number of teams. Practices will be at the coach's discretion. Uniform shirts will be provided by the Park Department. Shin guards are required to participate. The league will run September-October. Registration opens in June and deadlines in August. Register in office or online at dexterpark-rec.com.



GIRLS VOLLEYBALL

Youth Volleyball is offered to girls in grades 4th-6th. Games will be played on weekends and weeknights depending on the number of participants registered. Practices will be at the coach's discretion. Uniform shirts will be provided by the Park Department. Knee pads are required to participate. The league will run September-October. Registration opens June and deadlines in August. Register in office or online at dexterpark-rec.com.







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texting @mainlist to (314) 635-9045.



Join our group to receive messages about sports registrations/deadlines and upcoming events.



BOYS TACKLE FOOTBALL

Tackle Football is offered to boys entering 3rd & 4th grade and 5th & 6th grade of the current school year. Birth certificate and school grades report from the previous quarter will be required to play. This is a competitive, travel league that will participate in the Heartland Football League. Parents are responsible for transportation to and from practices and games. Practices will normally be held throughout the weekdays. Uniform jerseys, helmets, shoulder pads and mouth pieces will be provided by the Park Department and are required to participate. Football practice pants are also required but are not provided. The league will run August-October. Registration opens in July and deadlines in August. Individuals may register in office or online at dexterpark-rec.com.









CO-ED FLAG FOOTBALL

NEW FOR 2025 Flag football is offered to boys and girls Kindergarten-5th grade through the NFL FLAG program. The leagues will be divided into grade appropriate divisions. Players must be at least 5 years old to participate. Games will be scheduled on weekdays and weekends depending on the number of teams. Practices will be at the coach's discretion. Uniform shirts and flag belts will be provided by the Park Department. The league will run March-May. Registration opens in January and deadlines in March. Register in office or online at dexterpark-rec.com

BOYS/GIRLS BASKETBALL

Basketball is offered to boys and girls ages 7-8-9 and 10-11-12. Games will be played on weekends and weeknights depending on the number of participants registered. Practices will be at the coach's discretion. Uniform shirts will be provided by the Park Department. The league will run November-December. Registration opens in August and deadlines in September. Register in office or online at dexterpark-rec.com.







Co-Ed Baseball is offered to boys and girls ages 5-6. Age divisions are determined by: Boys age on April 30, 2025, Girl's age on December 31, 2024.

Baseball is offered to boys ages 7-12. Age divisions are determined by the participant's age on April 30, 2025.

7-8 Boys 9-10 Boys 11-12 Boys Pitching Machine Live Pitch Live Pitch

Softball is offered to girls ages 7-12. Age divisions are determined by the participant's age on December 31, 2024.

7-8-9 Girls 10-11-12 Girls
Pitching Machine (11" ball) Live Pitch (12" ball)



Uniform shirts will be provided by the Park Department. Players will be required to provide their own ball glove and we recommend that players have their own batting helmet. Practice will be at the coach's discretion. The league will run May-June. Registration opens in January and deadlines in March. Individuals may register in office or online at dexterpark-rec.com.



DEXTER AQUATIC CENTER

POOL OPENS: Saturday May 24, 2025

POOL CLOSES: Sunday August 10, 2025

PUBLIC SWIM: Daily 1:00 pm-5:30 pm

ADMISSION FEE: \$9.00 - Daily Pass & \$6.00 after 3:30 pm

FAMILY SWIM DAYS: Every Sunday during public swim. Admission is \$6.00 per person for families of 3 or more.

OCCASIONAL POOL CLOSURES DUE TO INACTIVITY: In

some instances the pool may be limited or closed due to inactivity

<u>A WORD TO PARENTS</u>- OUR LIFEGUARDS ARE TRAINED AND SKILLED. THEIR JOBS ARE TO ASSIST IN MAKING OUR FACILITIES A SAFE PLACE TO BRING THE FAMILY. HOWEVER, THEY ARE NOT BABYSITTERS. PARENTS ARE EXPECTED TO WATCH THEIR

CHILDREN AND TO ASSIST IN ENFORCING THE POLICIES FOR THE SAFETY AND ENJOYMENT OF ALL PATRONS. IN ADDITION, ALL CHILDREN AGES 8 AND UNDER MUST BE ACCOMPANIED AND SUPERVISED BY AN ADULT.





FLOTATION DEVICES: Flotation devices are welcome at the aquatic facility under these guidelines: Children under 10 years may only use flotation devices when an adult (16 or older) is in the water, supervising the child. The size of the flotation devices may be restricted by aquatic staff. Water wings or arm floaters are strongly discouraged for use as flotation devices. We recommend only U.S. Coast Guard approved flotation devices.

DIAPER POLICY: Patrons requiring diapers are prohibited from entering the pool without "waterproof swim diapers" or plastic pants with elastic legs and waistband. Disposable swim diapers can be purchased at the facility. Adults are required to change diapers at designated diaper changing stations located in the changing room. Children and patrons who have had diarrhea within the past two weeks are asked not to use the aquatic facility.

POOL PARTIES: Reservations are taken at the Park office. Exclusive pool parties will be on Friday, Saturday, Sunday from 6:00-7:30pm. Fees for exclusive pool parties are \$315 for 100 guests or less. A guest is anyone inside the fenced in area.

POOL PASSES: Passes may be used as often as desired for the entire season during public swim. Cost for passes are: Individual Season Pass \$90; Family Season Pass \$250- 4 members or less; \$55 to add a member (immediate family members living in the same household). During the months of January thru March, the Early Bird Season Passes are sold for \$75 per person.

LITTLE LEAGUE DAY: Friday, June 27, 2025 during public swim. Little league day is for anyone that has participated in DPRs youth programs for the past year. Admission will be \$1.00. This does not include coaches, scorekeepers or out of town teams not registered through DPR.

DEXTER AQUATIC CENTER

2025 LIFEGUARD CERTIFICATION CLASS SPRING 2025

Class Dates and Registration Deadline - TBA Obtain a 2-Year Certification

Class will consist of Pre-course Testing, In Class Introduction, In Water Sessions, Final In Water Skills & Written Tests (Class size is limited, early registration recommended)



PRE-COURSE SKILL TEST

- Complete a swim-tread-swim sequence without stopping to rest
- Timed brick event
- Participants must pass the Pre-course Skill Test to advance to the classroom portion of the class

CLASS REQUIREMENTS

- Successfully complete Pre-course Skill Test
 - Practical skill scenarios for CPR, passive extraction, active drowning, and other essential proficiencies
- Pass written exams on CPR, AED, Administration of First Aid and Lifeguarding Skills with at least 80%
- 100% course attendance is mandatory

Must be 15 years old by the conclusion of the certification class to be eligible Positions available for the upcoming season For more information, call our office or visit our website





SWIM LESSONS

2025 SWIM LESSON SCHEDULE

Parent & Child (Levels 1 & 2) / Pre-School (Levels 1-3)

July 14-July 24 6:00 pm-6:30 pm

Regular Swim Lessons (Levels 1-6)
July 14-July 24 6:45 pm-7:30 pm

Private lessons, 30 minute lessons by appointment only
June 23-June 26 8:30 am-10:30 am
June 23-June 26 6:00 pm-7:15 pm
June 30-July 3 8:30 am-10:30 am



Registrations will be accepted after January 1st. Registration can be done online at dexterpark-rec.com. All forms must be received by the deadline. Instructors reserve the right to determine your child's level of ability and place them accordingly. Participants must be able to be in a group environment and be able to go with a teacher willingly. If participants are unable to adapt to this environment after the second day of class they will be asked to drop the class. Any participant that hits, bites, or continuously screams, cries, or adamantly refuses to take instruction will be asked to drop the class. Sometimes they are not ready and cannot be pushed for this program. There are no refunds. Classes are limited. Each session will be a minimum of 4 participants. The following levels will be offered during each session.

SWIM CLASS LEVELS:

Parent and Child Aquatics (6 months to approximately 3 years) This class has 2 levels and is not designed to teach children to become good swimmers or to survive in the water on their own. This level gives parents safety information & teaches techniques to help orient your child to the water. It will also provide direction regarding how to supervise water activities in a responsible manner. A parent is required to accompany each child in the water and participate in the class. Parents and children learn together to increase a child's comfort level in the water and build a foundation of basic skills, such as arm and leg movements and breath control. The two levels are fun-filled and help introduce water safety concepts, encouraging a healthy recreational habit that your entire family can enjoy.

Preschool Aquatics (approximately 4 - 5 years old)

Throughout the three levels, preschool-age children are taught basic aquatic safety and swimming skills, while increasing their comfort level in and around the water. Skills are age-appropriate, helping children achieve success on a regular basis and enjoy social interactions with other children.

- **Level 1** Orients children to the aquatic environment and helps them gain basic aquatic skills.
- **Level 2** Helps children gain greater independence in their skills and develop more comfort in and around water.
- Level 3 Helps children start to gain basic swimming propulsive skills to be comfortable in and around water.

Learn-to-Swim

(children approximately 6 years through teen)

Designed to help participants achieve maximum success, Learn-to-Swim courses are based on a logical, six-level progression that helps swimmers of varying ages and abilities develop their water safety, survival and swim skills.

- **Level 1** *Introduction to Water Skills*. Helps participants feel comfortable in the water.
- Level 2 Fundamental Aquatic Skills. Gives participants success with fundamental skills.
- Level 3 Stroke Development. Builds on the skills in Level 2 through additional guided practice in deeper water.
- **Level 4 Stroke Improvement**. Develops confidence in the skills learned and improves other aquatic skills.
- Level 5 Stroke Refinement. Provides further coordination and refinement of strokes.
- **Level 6 Swimming and Skill Proficiency**. Refines the strokes so participants swim them with ease, efficiency, power and smoothness over greater distances. Level 6 is designed with "menu" options that focus on preparing participants for more advanced courses, including the Water Safety instructor course, or other aquatic activities, such as competitive swimming or diving. Each option also includes applicable water safety.



2025 Annual



EVENTS & ENTERTAINMENT

Car Show / Memory Lane Cook-Off Competition Mud Volleyball Tournament Cornhole Tournament

Dexter Parks & Recreation

500 Fairground Drive, Dexter MO 573-624-8244

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Visit Our Website for Rules and Regulations

www.dexterpark-rec.com
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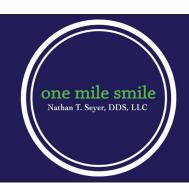
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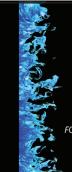
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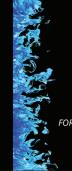
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